

"It is vain for you to rise up early, to sit up late, to eat the bread of sorrows; for so He gives His beloved sleep." - Psalm 127:2     "The horse is prepared for the day of battle, but deliverance is of the LORD." - Proverbs 21:31     Do you lie down at night in quiet peace, or do the worries of this world keep your heart awake? Worry often rises from what we lack or from what we possess, and it is common to all. Yet the remedy for every anxious thought is simple and sure: trust in the Lord in all things. When we seek His will and walk closely with Him in prayer and meditation, we need not carry the weight of worry. The Lord blesses the diligent labor of His beloved, and true deliverance comes from Him alone. Rest in the Lord, and He will give you peace. Praise the Lord!