

## And a time to die

Written by Jacob Chacko Kallara

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"A time to be born, and a time to die; a time to plant, and a time to pluck what is planted;" - Ecclesiastes 3:2 "Which of you by worrying can add one cubit to his stature?" - Matthew 6:27

Even though we can boast about man's achievements in the field of medical science, one thing remains for certain is we have to go when God requires our soul from us. Man cannot control when death occurs and once death occurs the body has to be returned to the ground. We can worry about this but that will not help either. But Christians have a strong foundation due to the work of Christ on the cross and when we believe in Christ, He gives us eternal life. For Christians we look forward to life eternal with our Lord, and death itself will die one day. In the sinful and fallen world we live in, there is a a time to be born and a time to die, but those who believe in Jesus Christ will live on in their resurrected physical body once Christ returns for His own. Until then let's get busy in the work of our Lord and stop worrying. Praise the Lord!